

I AM A PERSON
WHO WILL

INTERRUPT

ECHO

TOLERANCE.ORG
RESPOND TO EVERYDAY STEREOTYPES AND BIAS
SPEAK UP AT SCHOOL

QUESTION

EDUCATE



TEACHING TOLERANCE
A PROJECT OF THE SOUTHERN POVERTY LAW CENTER
TOLERANCE.ORG

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SPEAK UP
AGAINST BIAS

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SPEAK UP AT SCHOOL
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SHOULDN'T USE IT.”
IS OFFENSIVE AND WE
I AGREE THAT WORD
SPEAKING UP, ALLISON.
“THANKS FOR

TRY SAYING

voices together create change.
Many
voice is a powerful start. Many
anti-bias message. One person’s
hate, thank her and reiterate her
If someone else speaks up against

THAT WORD?”
THE HISTORY OF
“DO YOU KNOW

TRY SAYING

population.
of exposure to a diverse
ignorance is at work, or lack
all hateful speech. Sometimes
expression. Hate isn’t behind
person to choose a different
is offensive. Encourage the
Explain why a term or phrase

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QUESTION

INTERRUPT

“I,
LIKE THAT.” OR “THAT
PHRASE IS HURTFUL.”
TRY SAYING

prepared to act instantly.
say ahead of time so you’re
Think about what you’ll
moment, without exception.
remark—every time, in the
Speak up against every biased

TRY ASKING

situation.
how you can best address the
the offensive comment and
find out why the speaker made
response to hateful remarks to
Ask simple questions in

“TELL ME MORE.”
YOU MEAN?” OR
THAT?” WHAT DO
“WHY DO YOU SAY

INTERRUPT

QUESTION

EDUCATE

ECHO

Speak up against every biased
remark—every time, in the
moment, without exception.
Think about what you’ll
say ahead of time so you’re
prepared to act instantly.

Ask simple questions in
response to hateful remarks to
find out why the speaker made
the offensive comment and
how you can best address the
situation.

Explain why a term or phrase
is offensive. Encourage the
person to choose a different
expression. Hate isn’t behind
all hateful speech. Sometimes
ignorance is at work, or lack
of exposure to a diverse
population.

voices together create change.
voice is a powerful start. Many
anti-bias message. One person’s
hate, thank her and reiterate her
If someone else speaks up against

TRY SAYING

“I DON’T LIKE WORDS
LIKE THAT.” OR “THAT
PHRASE IS HURTFUL.”

TRY ASKING

“WHY DO YOU SAY
THAT?” WHAT DO
YOU MEAN?” OR
“TELL ME MORE.”

TRY SAYING

“DO YOU KNOW
THE HISTORY OF
THAT WORD?”

TRY SAYING

“THANKS FOR
SPEAKING UP, ALLISON.
I AGREE THAT WORD
IS OFFENSIVE AND WE
SHOULDN’T USE IT.”